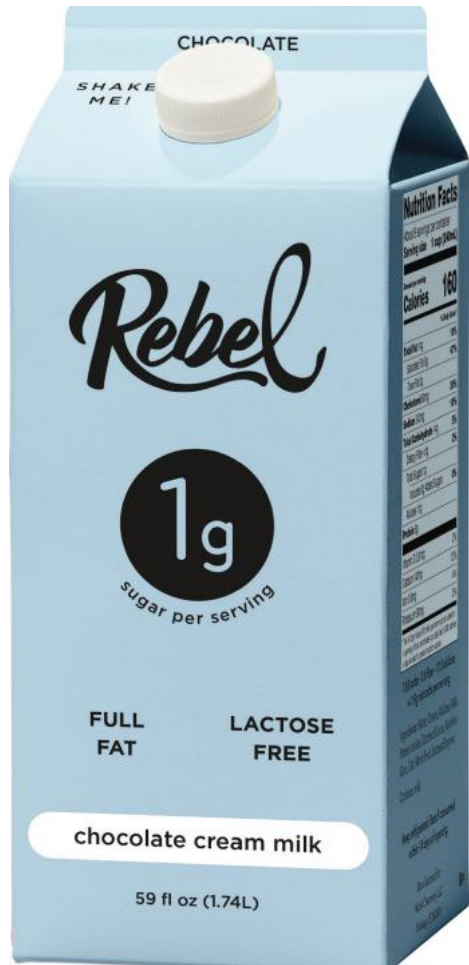


CHOCOLATE CREAM MILK



Nutrition Facts	
About 8 servings per container	
Serving size 1 cup (240mL)	
<hr/>	
Amount per serving	160
Calories	
<hr/>	
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 9g	47%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 240mg	10%
Total Carbohydrate 14g	5%
Dietary Fiber <1g	2%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Allulose 11g	
Protein 6g	
Vitamin D 0.5mcg	2%
Calcium 140mg	10%
Iron 0.8mg	4%
Potassium 90mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Water, Cream, Allulose, Milk Protein Isolate, Dutched Cocoa, Xanthan Gum, Salt, Monk Fruit, Lactase Enzyme.

Contains: milk

13.8 carbs - 0.6 fiber - 11.3 allulose =
1.9g net carbs per serving

PLAIN CREAM MILK



Nutrition Facts	
About 8 servings per container	
Serving size 1 cup (240mL)	
<hr/>	
Amount per serving	130
Calories	
<hr/>	
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 135mg	6%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Allulose 2g	
Protein 5g	
Vitamin D 0.4mcg	2%
Calcium 140mg	10%
Iron 0.1mg	0%
Potassium 50mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Water, Cream, Milk Protein Isolate, Allulose, Xanthan Gum, Natural Flavor, Salt, Monk Fruit, Lactase Enzyme.

Contains: milk

3.4 carbs - 0.0 fiber - 2.0 allulose =
1.4g net carbs per serving

VANILLA



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (89g)	
Calories	Per serving	Per container	
	190	560	
	% DV*	% DV*	
Total Fat	19g	24%	56g
Saturated Fat	11g	55%	34g
Trans Fat	0.5g		1.5g
Cholesterol	95mg	32%	290mg
Sodium	70mg	3%	210mg
Total Carb.	13g	5%	38g
Dietary Fiber	2g	7%	7g
Total Sugars	0g		0g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	9g		27g
Protein	2g		6g
Vitamin D	0mcg	0%	1mcg
Calcium	48mg	4%	143mg
Iron	0mg	0%	0mg
Potassium	40mg	0%	120mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CHOCOLATE



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	190	580	
	% DV*	% DV*	
Total Fat	19g	24%	57g
Saturated Fat	12g	60%	35g
Trans Fat	0.5g		1.5g
Cholesterol	85mg	28%	250mg
Sodium	75mg	3%	230mg
Total Carb.	14g	5%	42g
Dietary Fiber	3g	11%	10g
Total Sugars	0g		0g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	9g		28g
Protein	3g		7g
Vitamin D	0mcg	0%	1mcg
Calcium	51mg	4%	152mg
Iron	1mg	6%	4mg
Potassium	107mg	2%	321mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

COOKIE DOUGH



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (92g)	
Calories	Per serving	Per container	
	220	660	
	% DV*	% DV*	
Total Fat	21g	27%	64g
Saturated Fat	12g	60%	37g
Trans Fat	0.5g		1.5g
Cholesterol	85mg	28%	260mg
Sodium	115mg	5%	340mg
Total Carb.	18g	7%	55g
Dietary Fiber	3g	11%	9g
Total Sugars	0g		<1g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	13g		40g
Protein	3g		9g
Vitamin D	0mcg	0%	1mcg
Calcium	53mg	4%	160mg
Iron	1mg	6%	3mg
Potassium	94mg	2%	283mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PEANUT BUTTER FUDGE



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	270	810	
	% DV*	% DV*	
Total Fat	26g	33%	79g
Saturated Fat	14g	70%	41g
Trans Fat	0.5g		1.5g
Cholesterol	75mg	25%	230mg
Sodium	125mg	5%	370mg
Total Carb.	15g	5%	45g
Dietary Fiber	4g	14%	11g
Total Sugars	<1g		2g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	9g		28g
Protein	4g		13g
Vitamin D	0mcg	0%	1mcg
Calcium	46mg	4%	136mg
Iron	1mg	6%	4mg
Potassium	141mg	4%	421mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cream, Water, Erythritol, Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Vanilla Flavor, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg

12.6 carbs - 2.3 fiber - 9.0 sugar alcohol =
1.3g net carbs per serving
3.9g net carbs per pint

Cream, Water, Erythritol, Chicory Root Fiber, Dutched Cocoa, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg

14.0 carbs - 3.3 fiber - 9.3 sugar alcohol =
1.4g net carbs per serving
4.2g net carbs per pint

Cream, Water, Cookie Dough (Almond Flour, Erythritol, Butter, Water, Baking Soda, Salt, Sunflower Lecithin), Erythritol, Chocolate (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Vanilla Flavor, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, almond, coconut

18.3 carbs - 3.1 fiber - 13.4 sugar alcohol =
1.8g net carbs per serving
5.4g net carbs per pint

Cream, Water, Peanut Butter (Peanuts, Peanut Oil, Salt), Erythritol, Fudge (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, peanuts, coconut

15.1 carbs - 3.7 fiber - 9.2 sugar alcohol =
2.2g net carbs per serving
6.6g net carbs per pint

MINT CHIP



STRAWBERRY



BUTTER PECAN



COFFEE CHIP



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	210	640	
	% DV*	% DV*	% DV*
Total Fat	21g	27%	63g
Saturated Fat	14g	70%	42g
Trans Fat	0.5g		1.5g
Cholesterol	90mg	30%	265mg
Sodium	75mg	3%	230mg
Total Carb.	16g	6%	47g
Dietary Fiber	4g	14%	11g
Total Sugars	0g		0g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	11g		32g
Protein	3g		8g
Vitamin D	0mcg	0%	1mcg
Calcium	48mg	4%	143mg
Iron	1mg	6%	4mg
Potassium	98mg	2%	294mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	170	520	
	% DV*	% DV*	% DV*
Total Fat	16g	21%	47g
Saturated Fat	10g	50%	29g
Trans Fat	0.5g		1.5g
Cholesterol	80mg	27%	245mg
Sodium	60mg	3%	180mg
Total Carb.	17g	6%	50g
Dietary Fiber	4g	7%	7g
Total Sugars	<1g		1g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	13g		38g
Protein	2g		5g
Vitamin D	0mcg	0%	1mcg
Calcium	42mg	4%	126mg
Iron	0mg	0%	0mg
Potassium	48mg	2%	143mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (89g)	
Calories	Per serving	Per container	
	230	700	
	% DV*	% DV*	% DV*
Total Fat	24g	31%	71g
Saturated Fat	11g	55%	32g
Trans Fat	0.5g		1.5g
Cholesterol	85mg	28%	260mg
Sodium	125mg	5%	370mg
Total Carb.	13g	5%	38g
Dietary Fiber	3g	11%	9g
Total Sugars	0g		1g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	8g		24g
Protein	3g		8g
Vitamin D	0mcg	0%	1mcg
Calcium	49mg	4%	147mg
Iron	0mg	0%	0mg
Potassium	70mg	2%	212mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	210	630	
	% DV*	% DV*	% DV*
Total Fat	21g	27%	62g
Saturated Fat	14g	70%	41g
Trans Fat	0.5g		1.5g
Cholesterol	90mg	30%	265mg
Sodium	75mg	3%	230mg
Total Carb.	16g	6%	48g
Dietary Fiber	4g	14%	11g
Total Sugars	0g		0g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	10g		31g
Protein	3g		8g
Vitamin D	0mcg	0%	1mcg
Calcium	50mg	4%	148mg
Iron	1mg	6%	4mg
Potassium	127mg	2%	381mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cream, Water, Erythritol, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Mint Flavor, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, coconut

15.6 carbs - 3.6 fiber - 10.8 sugar alcohol =
1.2g net carbs per serving
3.6g net carbs per pint

Cream, Water, Erythritol, Strawberries, Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Flavors, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit, Citric Acid, Xanthan Gum, Carob Gum.

Contains: milk, egg

16.8 carbs - 2.2 fiber - 12.7 sugar alcohol =
1.9g net carbs per serving
5.7g net carbs per pint

Cream, Water, Roasted Pecans (Pecans, Butter, Coconut Oil, Salt), Erythritol, Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Vanilla Flavor, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, pecan, coconut

12.5 carbs - 3.0 fiber - 8.1 sugar alcohol =
1.4g net carbs per serving
4.2g net carbs per pint

Cream, Water, Erythritol, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Coffee, Vegetable Glycerin, Milk Protein Isolate, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, coconut

15.9 carbs - 3.6 fiber - 10.4 sugar alcohol =
1.9g net carbs per serving
5.7g net carbs per pint

BLACK RASPBERRY



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (92g)	
Calories	Per serving	Per container	
	180	530	
	% DV*	% DV*	% DV*
Total Fat	16g	21%	48g
Saturated Fat	10g	50%	29g
Trans Fat	0.5g		1.5g
Cholesterol	85mg	28%	250mg
Sodium	60mg	3%	180mg
Total Carb.	17g	6%	51g
Dietary Fiber	2g	7%	7g
Total Sugars	<1g		2g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	13g		38g
Protein	2g		5g
Vitamin D	0mcg	0%	1mcg
Calcium	43mg	4%	129mg
Iron	0mg	0%	1mg
Potassium	35mg	0%	104mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CHERRY CHIP



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	190	560	
	% DV*	% DV*	% DV*
Total Fat	17g	22%	52g
Saturated Fat	11g	55%	33g
Trans Fat	0.5g		1.5g
Cholesterol	75mg	25%	230mg
Sodium	65mg	3%	200mg
Total Carb.	18g	7%	54g
Dietary Fiber	3g	11%	9g
Total Sugars	<1g		2g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	13g		39g
Protein	2g		7g
Vitamin D	0mcg	0%	1mcg
Calcium	42mg	4%	125mg
Iron	1mg	6%	3mg
Potassium	80mg	2%	240mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

TRIPLE CHOCOLATE COCONUT ALMOND SWIRL



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	190	570	
	% DV*	% DV*	% DV*
Total Fat	18g	23%	54g
Saturated Fat	12g	60%	35g
Trans Fat	0.5g		1.5g
Cholesterol	70mg	23%	205mg
Sodium	100mg	4%	300mg
Total Carb.	19g	7%	56g
Dietary Fiber	6g	21%	18g
Total Sugars	0g		1g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	11g		33g
Protein	3g		9g
Vitamin D	0mcg	0%	1mcg
Calcium	46mg	4%	138mg
Iron	2mg	10%	7mg
Potassium	149mg	2%	444mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (92g)	
Calories	Per serving	Per container	
	200	610	
	% DV*	% DV*	% DV*
Total Fat	19g	24%	58g
Saturated Fat	10g	50%	30g
Trans Fat	0.5g		1.5g
Cholesterol	80mg	27%	240mg
Sodium	100mg	4%	300mg
Total Carb.	17g	6%	52g
Dietary Fiber	5g	18%	16g
Total Sugars	<1g		2g
Incl. Added Sugars	0g	0%	0g
Sugar Alcohol	10g		30g
Protein	3g		10g
Vitamin D	0mcg	0%	1mcg
Calcium	59mg	4%	176mg
Iron	1mg	6%	3mg
Potassium	109mg	2%	326mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cream, Water, Erythritol, Sour Cherries, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Cherry Flavor, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit, Citric Acid, Carob Gum.

Contains: milk, egg, coconut

17.1 carbs - 2.2 fiber - 12.6 sugar alcohol = 2.3g net carbs per serving
6.9g net carbs per pint

Cream, Water, Erythritol, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Dutched Cocoa, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Butter, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit, Sunflower Lecithin.

Contains: milk, egg, coconut

18.7 carbs - 6.1 fiber - 10.9 sugar alcohol = 1.7g net carbs per serving
5.1g net carbs per pint

Cream, Water, Roasted Almonds (Almonds, Coconut Oil, Butter, Salt), Erythritol, Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Cocoa, Natural Coconut Flavor, Butter, Salt, Vanilla Extract, Peruvian Carob Gum, Guar Gum, Monk Fruit, Sunflower Lecithin.

Contains: milk, egg, coconut

17.3 carbs - 5.4 fiber - 9.9 sugar alcohol = 2.0g net carbs per serving
6.0g net carbs per pint

Cream, Water, Erythritol, Black Raspberries, Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Flavor, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit, Citric Acid, Carob Gum.

Contains: milk, egg

17.1 carbs - 2.2 fiber - 12.6 sugar alcohol = 2.3g net carbs per serving
6.9g net carbs per pint

COOKIES & CREAM



Nutrition Facts

3 servings per container
Serving size **2/3 cup (92g)**

	Per serving	Per container
Calories	220	650
	% DV*	% DV*
Total Fat	21g 27%	62g 79%
Saturated Fat	11g 55%	32g 160%
Trans Fat	0.5g	1.5g
Cholesterol	85mg 28%	250mg 83%
Sodium	130mg 6%	400mg 17%
Total Carb.	18g 7%	53g 19%
Dietary Fiber	3g 11%	9g 32%
Total Sugars	0g	1g
Incl. Added Sugars	0g 0%	0g 0%
Sugar Alcohol	12g	37g
Protein	4g	11g
Vitamin D	0mcg 0%	1mcg 6%
Calcium	57mg 4%	170mg 15%
Iron	1mg 6%	2mg 10%
Potassium	104mg 2%	311mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SALTED CARAMEL



Nutrition Facts

3 servings per container
Serving size **2/3 cup (91g)**

	Per serving	Per container
Calories	180	530
	% DV*	% DV*
Total Fat	17g 22%	50g 64%
Saturated Fat	10g 50%	31g 155%
Trans Fat	0.5g	1.5g
Cholesterol	85mg 28%	255mg 85%
Sodium	150mg 7%	440mg 19%
Total Carb.	17g 6%	52g 19%
Dietary Fiber	5g 18%	16g 57%
Total Sugars	0g	1g
Incl. Added Sugars	0g 0%	0g 0%
Sugar Alcohol	10g	31g
Protein	2g	7g
Vitamin D	0mcg 0%	1mcg 6%
Calcium	52mg 4%	157mg 10%
Iron	0mg 0%	0mg 0%
Potassium	36mg 0%	108mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CHOCOLATE PEANUT BUTTER



Nutrition Facts

3 servings per container
Serving size **2/3 cup (91g)**

	Per serving	Per container
Calories	280	850
	% DV*	% DV*
Total Fat	25g 32%	76g 97%
Saturated Fat	12g 60%	35g 175%
Trans Fat	0.5g	1.5g
Cholesterol	80mg 27%	240mg 80%
Sodium	150mg 7%	440mg 19%
Total Carb.	15g 5%	45g 16%
Dietary Fiber	3g 11%	10g 36%
Total Sugars	1g	3g
Incl. Added Sugars	0g 0%	0g 0%
Sugar Alcohol	9g	27g
Protein	5g	16g
Vitamin D	0mcg 0%	1mcg 6%
Calcium	49mg 4%	147mg 10%
Iron	1mg 6%	4mg 20%
Potassium	169mg 4%	506mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

BANANA PEANUT BUTTER CHIP



Nutrition Facts

3 servings per container
Serving size **2/3 cup (91g)**

	Per serving	Per container
Calories	290	860
	% DV*	% DV*
Total Fat	26g 33%	77g 99%
Saturated Fat	13g 65%	39g 195%
Trans Fat	0.5g	1.5g
Cholesterol	75mg 25%	225mg 75%
Sodium	140mg 6%	420mg 18%
Total Carb.	16g 6%	48g 17%
Dietary Fiber	3g 11%	10g 36%
Total Sugars	<1g	3g
Incl. Added Sugars	0g 0%	0g 0%
Sugar Alcohol	10g	30g
Protein	5g	14g
Vitamin D	0mcg 0%	1mcg 6%
Calcium	45mg 4%	135mg 10%
Iron	1mg 6%	4mg 20%
Potassium	143mg 4%	428mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cream, Water, Cookies (Almond Flour, Erythritol, Dutched Cocoa, Palm Oil, Water, Natural Flavors, Baking Soda, Salt, and Sunflower Lecithin), Erythritol, Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Cookies & Cream Flavor, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, almond

17.8 carbs - 3.0 fiber - 12.2 sugar alcohol =
2.6g net carbs per serving
7.8g net carbs per pint

Cream, Water, Erythritol, Chicory Root Fiber, Egg Yolks, Vegetable Glycerin, Milk Protein Isolate, Natural Caramel Flavors, Butter, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit, Carob Gum, Cocoa, Sunflower Lecithin, Annatto.

Contains: milk, egg

17.4 carbs - 5.3 fiber - 10.3 sugar alcohol =
1.8g net carbs per serving
5.4g net carbs per pint

Cream, Water, Peanut Butter (Peanuts, Peanut Oil, Allulose, Salt), Erythritol, Vegetable Glycerin, Egg Yolks, Dutched Cocoa, Chicory Root Fiber, Milk Protein Isolate, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit.

Contains: milk, egg, peanut

15.1 carbs - 3.4 fiber - 9.2 sugar alcohol =
2.5g net carbs per serving
7.5g per pint

Cream, Water, Peanut Butter (Peanuts, Peanut Oil, Allulose, Salt), Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Vanilla Extract, Monk Fruit), Erythritol, Vegetable Glycerin, Egg Yolks, Chicory Root Fiber, Milk Protein Isolate, Natural Banana Flavor, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit.

Contains: milk, egg, peanut

15.8 carbs - 3.4 fiber - 10.0 sugar alcohol =
2.4g net carbs per serving
7.2g per pint

SNICKERDOODLE



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	210	630	
	% DV*	% DV*	
Total Fat	19g	56g	72%
Saturated Fat	11g	33g	165%
Trans Fat	0.5g	1.5g	
Cholesterol	90mg	275mg	92%
Sodium	100mg	300mg	13%
Total Carb.	18g	54g	20%
Dietary Fiber	3g	8g	29%
Total Sugars	0g	<1g	
Incl. Added Sugars	0g	0g	0%
Sugar Alcohol	14g	41g	
Protein	3g	8g	
Vitamin D	0mcg	1mcg	6%
Calcium	54mg	163mg	15%
Iron	0mg	1mg	6%
Potassium	59mg	177mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

BIRTHDAY CAKE



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	200	610	
	% DV*	% DV*	
Total Fat	18g	54g	69%
Saturated Fat	11g	33g	165%
Trans Fat	0.5g	1.5g	
Cholesterol	90mg	265mg	88%
Sodium	85mg	260mg	11%
Total Carb.	19g	58g	21%
Dietary Fiber	2g	7g	25%
Total Sugars	0g	<1g	
Incl. Added Sugars	0g	0g	0%
Sugar Alcohol	15g	45g	
Protein	2g	7g	
Vitamin D	0mcg	1mcg	6%
Calcium	50mg	150mg	10%
Iron	0mg	1mg	6%
Potassium	57mg	171mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ORANGE CREAM



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (90g)	
Calories	Per serving	Per container	
	200	590	
	% DV*	% DV*	
Total Fat	17g	52g	67%
Saturated Fat	11g	34g	170%
Trans Fat	0.5g	1.5g	
Cholesterol	95mg	290mg	97%
Sodium	70mg	210mg	9%
Total Carb.	15g	44g	16%
Dietary Fiber	2g	7g	25%
Total Sugars	0g	<1g	
Incl. Added Sugars	0g	0g	0%
Sugar Alcohol	11g	32g	
Protein	2g	6g	
Vitamin D	0mcg	1mcg	6%
Calcium	48mg	143mg	10%
Iron	0mg	0mg	0%
Potassium	40mg	119mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PEANUT BUTTER CARAMEL CHIP



Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (91g)	
Calories	Per serving	Per container	
	260	780	
	% DV*	% DV*	
Total Fat	23g	69g	88%
Saturated Fat	12g	36g	180%
Trans Fat	0.5g	1.5g	
Cholesterol	75mg	220mg	73%
Sodium	160mg	490mg	21%
Total Carb.	18g	54g	20%
Dietary Fiber	5g	15g	54%
Total Sugars	1g	3g	
Incl. Added Sugars	0g	0g	0%
Sugar Alcohol	11g	32g	
Protein	4g	13g	
Vitamin D	0mcg	1mcg	6%
Calcium	48mg	144mg	10%
Iron	1mg	3mg	15%
Potassium	119mg	358mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cream, Water, Snickerdoodle Dough (Almond Flour, Erythritol, Butter, Water, Baking Soda, Natural Flavor, Cinnamon, Salt, Sunflower Lecithin), Erythritol, Vegetable Glycerin, Egg Yolks, Chicory Root Fiber, Milk Protein Isolate, Natural Vanilla Flavor, Cinnamon, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit.

Contains: milk, egg, almond

17.8 carbs - 2.6 fiber - 13.5 sugar alcohol =
1.7g net carbs per serving
5.1g per pint

Cream, Water, Birthday Cake Dough (Erythritol, Almond Flour, Butter, Water, Natural Flavor, Edible Glitter (Gum Arabic, Spirulina, Vegetable Juice, Turmeric Oleoresin), Fruit Juices, Salt), Erythritol, Vegetable Glycerin, Egg Yolks, Chicory Root Fiber, Natural Cake Batter Flavor, Milk Protein Isolate, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Salt, Vegetable Juice, Monk Fruit.

Contains: milk, egg, almond

19.4 carbs - 2.5 fiber - 15.1 sugar alcohol =
1.8g net carbs per serving
5.4g per pint

Cream, Water, Erythritol, Vegetable Glycerin, Egg Yolks, Chicory Root Fiber, Milk Protein Isolate, Natural Orange Flavor, Fruit & Vegetable Juice, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit.

Contains: milk, egg

14.6 carbs - 2.3 fiber - 10.8 sugar alcohol =
1.5g net carbs per serving
4.5g per pint

Cream, Water, Peanut Butter (Peanuts, Peanut Oil, Allulose, Salt), Erythritol, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Vanilla Extract, Monk Fruit), Vegetable Glycerin, Chicory Root Fiber, Egg Yolks, Milk Protein Isolate, Natural Caramel Flavors, Salt, Butter, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Carob Gum, Monk Fruit, Cocoa, Sunflower Lecithin, Annatto.

Contains: milk, egg, peanut

17.8 carbs - 4.8 fiber - 10.6 sugar alcohol =
2.4g net carbs per serving
7.2g per pint

CHOCOLATE CHIP



Nutrition Facts

3 servings per container
Serving size **2/3 cup (91g)**

	Per serving		Per container	
Calories	220	650		
	% DV*	% DV*		
Total Fat	20g	26%	59g	76%
Saturated Fat	14g	70%	41g	205%
Trans Fat	0.5g		1.5g	
Cholesterol	90mg	30%	270mg	90%
Sodium	75mg	3%	230mg	10%
Total Carb.	17g	6%	51g	19%
Dietary Fiber	3g	11%	10g	36%
Total Sugars	0g		0g	
Incl. Added Sugars	0g	0%	0g	0%
Sugar Alcohol	12g		36g	
Protein	3g		8g	
Vitamin D	0mcg	0%	1mcg	6%
Calcium	48mg	4%	143mg	10%
Iron	1mg	6%	4mg	20%
Potassium	91mg	2%	274mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PISTACHIO



Nutrition Facts

3 servings per container
Serving size **2/3 cup (90g)**

	Per serving		Per container	
Calories	220	660		
	% DV*	% DV*		
Total Fat	19g	24%	57g	73%
Saturated Fat	11g	55%	34g	170%
Trans Fat	0.5g		1.5g	
Cholesterol	90mg	30%	275mg	92%
Sodium	70mg	3%	210mg	9%
Total Carb.	15g	5%	46g	17%
Dietary Fiber	3g	11%	8g	29%
Total Sugars	<1g		2g	
Incl. Added Sugars	0g	0%	0g	0%
Sugar Alcohol	10g		31g	
Protein	3g		9g	
Vitamin D	0mcg	0%	1mcg	6%
Calcium	51mg	4%	152mg	10%
Iron	0mg	0%	1mg	6%
Potassium	94mg	2%	283mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PEPPERMINT CHIP



Nutrition Facts

3 servings per container
Serving size **2/3 cup (91g)**

	Per serving		Per container	
Calories	210	630		
	% DV*	% DV*		
Total Fat	19g	24%	56g	72%
Saturated Fat	13g	65%	39g	195%
Trans Fat	0.5g		1.5g	
Cholesterol	90mg	30%	270mg	88%
Sodium	75mg	3%	230mg	10%
Total Carb.	19g	7%	58g	21%
Dietary Fiber	2g	7%	6g	21%
Total Sugars	0g		0g	
Incl. Added Sugars	0g	0%	0g	0%
Sugar Alcohol	10g		30g	
Allulose	6g		17g	
Protein	2g		6g	
Vitamin D	0mcg	0%	1mcg	6%
Calcium	44mg	4%	131mg	10%
Iron	0mg	0%	0mg	0%
Potassium	38mg	0%	112mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cream, Water, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Vanilla Extract, Monk Fruit), Erythritol, Vegetable Glycerin, Egg Yolks, Chicory Root Fiber, Milk Protein Isolate, Natural Vanilla Flavor, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit.

Contains: milk, egg

16.8 carbs - 3.4 fiber - 12.0 sugar alcohol =
1.4g net carbs per serving
4.2g per pint

Cream, Water, Erythritol, Roasted Pistachios (Pistachios, Coconut Oil, Salt), Vegetable Glycerin, Egg Yolks, Chicory Root Fiber, Milk Protein Isolate, Peruvian Carob Gum, Natural Pistachio Flavor (Xanthan Gum, Citric Acid, Gum Acacia), Guar Gum, Lactase Enzyme, Monk Fruit, Spirulina, Salt, Turmeric.

Contains: milk, egg, pistachio

15.3 carbs - 2.8 fiber - 10.4 sugar alcohol =
2.1g net carbs per serving
6.3g per pint

Cream, Water, Erythritol, Peppermint Chips (Allulose, Coconut Oil, Vegetable Juice, Natural Peppermint Flavor, Sunflower Lecithin, Salt, Annatto), Vegetable Glycerin, Egg Yolks, Chicory Root Fiber, Milk Protein Isolate, Natural Peppermint Flavor, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit, Carob Gum.

Contains: milk, egg

19.4 carbs - 2.1 fiber - 15.6 sweeteners =
1.7g net carbs per serving
5.1g per pint

CHOCOLATE CHIP & VANILLA ICE CREAM SANDWICH



Rebel
4g net carbs per sandwich

- <1g SUGAR
- KETO
- GLUTEN FREE
- LOW CARB

chocolate chip cookies & vanilla ice cream

3 ice cream sandwiches 11.2 fl oz (320 ml)

Nutrition Facts	
3 servings per container	
Serving size 1 sandwich (99g)	
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 30g	39%
Saturated Fat 14g	70%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 190mg	8%
Total Carbohydrate 26g	10%
Dietary Fiber 4g	14%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Sugar Alcohol 13g	
Allulose 6g	
Protein 5g	
Vitamin D 0mcg	1%
Calcium 75mg	6%
Iron 1mg	7%
Potassium 168mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

DOUBLE CHOCOLATE & MINT CHIP ICE CREAM SANDWICH



Rebel
3g net carbs per sandwich

- <1g SUGAR
- KETO
- GLUTEN FREE
- LOW CARB

double chocolate cookies & mint chip ice cream

3 ice cream sandwiches 11.2 fl oz (320 ml)

Nutrition Facts	
3 servings per container	
Serving size 1 sandwich (97g)	
Amount per serving	
Calories	325
% Daily Value*	
Total Fat 29g	38%
Saturated Fat 14g	72%
Trans Fat 0g	
Cholesterol 70mg	24%
Sodium 280mg	12%
Total Carbohydrate 28g	10%
Dietary Fiber 5g	18%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Sugar Alcohol 14g	
Allulose 6g	
Protein 6g	
Vitamin D 0mcg	1%
Calcium 71mg	5%
Iron 2mg	13%
Potassium 284mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PEANUT BUTTER & PEANUT BUTTER FUDGE ICE CREAM SANDWICH



Rebel
5g net carbs per sandwich

- <2g SUGAR
- KETO
- GLUTEN FREE
- LOW CARB

peanut butter cookies & peanut butter fudge ice cream

3 ice cream sandwiches 11.2 fl oz (320 ml)

Nutrition Facts	
3 servings per container	
Serving size 1 sandwich (97g)	
Amount per serving	
Calories	370
% Daily Value*	
Total Fat 34g	43%
Saturated Fat 13g	65%
Trans Fat 0g	
Cholesterol 65mg	23%
Sodium 230mg	10%
Total Carbohydrate 26g	9%
Dietary Fiber 4g	16%
Total Sugars 1.7g	
Includes 0g Added Sugars	0%
Sugar Alcohol 10g	
Allulose 6g	
Protein 7g	
Vitamin D 0mcg	1%
Calcium 74mg	6%
Iron 1mg	8%
Potassium 233mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ice Cream: Cream, Water, Erythritol, Egg Yolks, Chicory Fiber, Vegetable Glycerin, Milk Protein Isolate, Natural Vanilla Flavor, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit.

Cookie: Almond Flour, Chocolate Chips (Chocolate Liquor, Erythritol, Cocoa Butter, Stevia, Sunflower Lecithin), Allulose, Butter, Palm Oil, Erythritol, Chicory Fiber, Whole Eggs, Natural Vanilla Flavor, Xanthan Gum, Guar Gum, Salt, Baking Powder.

Contains: milk, egg, almond

26.4 carbs - 3.8 fiber - 18.4 sugar alcohol/allulose = 4.2 net carbs per sandwich

Ice Cream: Cream, Water, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Erythritol, Egg Yolks, Chicory Fiber, Vegetable Glycerin, Milk Protein Isolate, Natural Mint Flavor, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit.

Cookie: Almond Flour, Chocolate Chips (Chocolate Liquor, Erythritol, Cocoa Butter, Stevia, Sunflower Lecithin), Allulose, Erythritol, Palm Oil, Butter, Dutched Cocoa, Chicory Fiber, Whole Eggs, Natural Vanilla Flavor, Xanthan Gum, Guar Gum, Baking Powder, Salt.

Contains: milk, egg, almond

28.2 carbs - 4.9 fiber - 19.9 sugar alcohol/allulose = 3.4 net carbs per sandwich

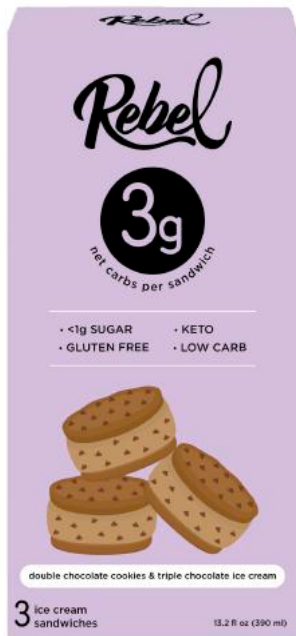
Ice Cream: Cream, Water, Peanut Butter (Peanuts, Peanut Oil, Salt), Erythritol, Fudge (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Egg Yolks, Chicory Fiber, Milk Protein Isolate, Vegetable Glycerin, Salt, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Cookie: Almond Flour, Peanut Butter (Peanuts, Palm Oil), Allulose, Butter, Erythritol, Palm Oil, Chicory Fiber, Whole Eggs, Natural Vanilla Flavor, Xanthan Gum, Guar Gum, Salt, Baking Powder.

Contains: milk, egg, almond, peanuts

25.7 carbs - 4.4 fiber - 16.1 sugar alcohol/allulose = 5.2 net carbs per sandwich

DOUBLE CHOCOLATE & TRIPLE CHOCOLATE ICE CREAM SANDWICH



Nutrition Facts	
3 servings per container	
Serving size 1 sandwich (97g)	
Amount per serving	
Calories	315
% Daily Value*	
Total Fat 28g	36%
Saturated Fat 13g	67%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 280mg	13%
Total Carbohydrate 29g	11%
Dietary Fiber 6g	23%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Sugar Alcohol 14g	
Allulose 6g	
Protein 6g	
Vitamin D 0mcg	1%
Calcium 71mg	5%
Iron 3mg	17%
Potassium 319mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ice Cream: Cream, Water, Erythritol, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Vanilla Extract, Monk Fruit), Vegetable Glycerin, Chicory Root Fiber, Dutched Cocoa, Cocoa, Egg Yolks, Milk Protein Isolate, Butter, Lactase Enzyme, Peruvian Carob Gum, Guar Gum, Salt, Monk Fruit, Sunflower Lecithin, Natural Flavor.

Cookie: Almond Flour, Chocolate Chips (Chocolate Liquor, Erythritol, Cocoa Butter, Stevia, Sunflower Lecithin), Allulose, Erythritol, Palm Oil, Butter, Dutched Cocoa, Chicory Fiber, Whole Eggs, Natural Vanilla Flavor, Xanthan Gum, Guar Gum, Baking Powder, Salt.

Contains: milk, egg, almond

29.0 carbs - 6.1 fiber - 19.9 sugar alcohol/allulose =
3.0 net carbs per sandwich

LEMON SORBET



Nutrition Facts

3 servings per container
Serving size **2/3 cup (129g)**

	Per serving		Per container	
Calories	40		120	
	% DV*		% DV*	
Total Fat	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	5mg	0%	15mg	1%
Total Carb.	30g	11%	89g	32%
Dietary Fiber	0g	0%	<1g	4%
Total Sugars	1.5g		4.6g	
Incl. Added Sugars	0g	0%	0g	0%
Sugar Alcohol	20g		61g	
Allulose	6g		19g	
Protein	0g		<1g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	5mg	0%	15mg	2%
Iron	0mg	0%	0mg	0%
Potassium	20mg	0%	59mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

RASPBERRY SORBET



Nutrition Facts

3 servings per container
Serving size **2/3 cup (129g)**

	Per serving		Per container	
Calories	35		110	
	% DV*		% DV*	
Total Fat	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	5mg	0%	15mg	1%
Total Carb.	28g	10%	84g	31%
Dietary Fiber	<1g	0%	2g	4%
Total Sugars	0.6g		1.9g	
Incl. Added Sugars	0g	0%	0g	0%
Sugar Alcohol	21g		62g	
Allulose	5g		16g	
Protein	0g		<1g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	5mg	0%	15mg	2%
Iron	0mg	0%	0mg	0%
Potassium	2mg	0%	7mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MANGO SORBET



Nutrition Facts

3 servings per container
Serving size **2/3 cup (129g)**

	Per serving		Per container	
Calories	25		70	
	% DV*		% DV*	
Total Fat	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	5mg	0%	15mg	1%
Total Carb.	23g	8%	70g	25%
Dietary Fiber	0g	0%	<1g	4%
Total Sugars	0.2g		0.7g	
Incl. Added Sugars	0g	0%	0g	0%
Sugar Alcohol	16g		49g	
Allulose	6g		19g	
Protein	0g		0g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	3mg	0%	10mg	0%
Iron	0mg	0%	0mg	0%
Potassium	2mg	0%	6mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

COCONUT SORBET



Nutrition Facts

3 servings per container
Serving size **2/3 cup (129g)**

	Per serving		Per container	
Calories	20		65	
	% DV*		% DV*	
Total Fat	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	5mg	0%	15mg	1%
Total Carb.	23g	8%	70g	25%
Dietary Fiber	0g	0%	<1g	4%
Total Sugars	0.0g		0.0g	
Incl. Added Sugars	0g	0%	0g	0%
Sugar Alcohol	16g		49g	
Allulose	6g		19g	
Protein	0g		0g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	3mg	0%	10mg	0%
Iron	0mg	0%	0mg	0%
Potassium	2mg	0%	6mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Water, Erythritol, Allulose, Vegetable Glycerin, Lemon Pulp, Lemon Juice Concentrate, Natural Lemon Flavor, Guar Gum, Monk Fruit, Citric Acid, Xanthan Gum.

Water, Erythritol, Raspberries, Allulose, Vegetable Glycerin, Natural Raspberry Flavor, Malic Acid, Guar Gum, Citric Acid, Monk Fruit, Xanthan Gum.

Water, Erythritol, Allulose, Vegetable Glycerin, Natural Mango Flavor, Fruit Juice, Guar Gum, Citric Acid, Monk Fruit, Vegetable Juice, Xanthan Gum.

Water, Erythritol, Allulose, Vegetable Glycerin, Natural Coconut Flavor, Guar Gum, Monk Fruit, Xanthan Gum.

29.7 carbs - 0.2 fiber - 26.6 sweeteners =
2.9g net carbs per serving
8.7g per pint

28.0 carbs - 0.6 fiber - 25.9 sweeteners =
1.5g net carbs per serving
4.5g per pint

23.4 carbs - 0.2 fiber - 22.8 sweeteners =
0.4g net carbs per serving
1.2g per pint

23.4 carbs - 0.2 fiber - 23.0 sweeteners =
0.2g net carbs per serving
0.6g per pint

CHOCOLATE CREAM MILK



Nutrition Facts	
1 serving per container	
Serving size 1 bottle (240mL)	
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 9g	47%
Trans Fat 0g	
Cholesterol 60mg	19%
Sodium 240mg	10%
Total Carbohydrate 14g	5%
Dietary Fiber <1g	2%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Allulose 11g	
Protein 6g	
Vitamin D 0.5mcg	2%
Calcium 142mg	11%
Iron 0.8mg	4%
Potassium 86mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

COFFEE CREAM MILK



Nutrition Facts	
1 serving per container	
Serving size 1 bottle (240mL)	
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 235mg	10%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	1%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Allulose 11g	
Protein 6g	
Vitamin D 0.4mcg	2%
Calcium 142mg	11%
Iron 0.2mg	1%
Potassium 144mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PLAIN CREAM MILK



Nutrition Facts	
1 serving per container	
Serving size 1 bottle (240mL)	
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 135mg	
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Allulose 2g	
Protein 5g	
Vitamin D 0.4mcg	2%
Calcium 137mg	11%
Iron 0.1mg	0%
Potassium 35mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Water, Cream, Allulose, Milk Protein Isolate, Dutched Cocoa, Xanthan Gum, Salt, Monk Fruit, Lactase Enzyme.

Contains: milk

13.8 carbs - 0.6 fiber - 11.3 allulose =
1.9g net carbs per bottle

Water, Cream, Allulose, Milk Protein Isolate, Coffee, Xanthan Gum, Natural Flavor, Salt, Monk Fruit, Lactase Enzyme.

Contains: milk

14.8 carbs - 0.3 fiber - 11.1 allulose =
3.4g net carbs per bottle

Water, Cream, Milk Protein Isolate, Allulose, Xanthan Gum, Natural Milk Flavor, Salt, Monk Fruit, Lactase Enzyme.

Contains: milk

3.4 carbs - 0.0 fiber - 2.0 allulose =
1.4g net carbs per bottle